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## Assessing heart disease using a novel magnetocardiography device

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## PAPER

# Assessing heart disease using a novel magnetocardiography device


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## Abstract

The aim of this paper is to present the use of a portable, unshielded magnetocardiograph (MCG) and identify key characteristics of MCG scans that could be used in future studies to identify parameters that are sensitive to cardiac pathology. We recruited 50 patients with confirmed myocardial infarction (MI) within the past 12 weeks and 46 volunteers with no history of cardiac disease. A set of 38 parameters were extracted from MCG features including both signals from the sensor array and from magnetic images obtained from the device and principal component analysis was used to concentrate the information contained in these parameters into uncorrelated predictors. Linear fits of these parameters were then used to examine the ability of MCG to distinguish between sub-groups of patients. In the first instance, the primary aim of this study was to ensure that MCG has a basic ability to separate a highly polarised patient group (young controls from post infarction patients) and to identify parameters that could be used in future studies to build a formal diagnostic tool kit. Parameters that parameterised left ventricular ejection fraction (LVEF) were identified and an example is presented to show differential low and high ejection fractions.

## 1. Introduction

Magnetocardiography (MCG) uses an array of non-invasive magnetometers to measure and map the magnetic fields generated by the electrical activity in the heart [1–5]. MCG is non-contact, field free and emission-free, and works through clothing. MCG offers the clinician an alternative view of the heart to conventional ECG [6], which has already led to MCG being useful in the detection of acute coronary ischaemia [7], especially in cases of non-ST segment elevation myocardial infarction (NSTEMI), where MCG has been demonstrated to have a diagnostic advantage.

There are a number of pathways that can lead to heart failure [8] and one of our aims is to develop a diagnostic that would be sensitive to these pathways. Recently we demonstrated that a novel magnetometer array was capable of detecting the cardiac magnetic field in an unshielded clinical setting [9, 10]. An array of 15 room temperature induction magnetometers was used to detect the cardiac magnetic field with a sensitivity of  $0.813 \text{ pT}\mu\text{V}^{-1}$  at 10 Hz and  $104fT/\sqrt{\text{Hz}}$  noise floor at 10 Hz. In this study we used a prototype

device with 37 channels comprised of 19 active sensors and 18 channels used for noise reduction.

As the sensors are inductive, the frequency of the signal is important and for this reason the QRS region has become the main focus of diagnostic development for this device [10]. This is a departure from previous MCG studies which have focused on the S-T and T region (see for example) [10–14]. However, that is not to say that the QRS region has no diagnostic value as a number of papers have also demonstrated a good diagnostic performance extracting parameters from the QRS region [15–23].

The primary aim of the current study however, has a somewhat more modest goal; namely to ensure that we were able to distinguish signals from a small polarised sample of patients. In this case the aim is to separate young controls and post infarction patients as the first step in the development of a tool kit of diagnostic parameters. A secondary aim was to find signals that would indicate declining cardiac function, expected in a population following myocardial infarction (MI).

With such a small sample of patients we are faced with the difficulty of having insufficient numbers of

patients to allow the development and testing of a model, hence we restricted our search to identifying indicators that were correlated to the conditions of interest. The analysis of the data presented in this paper uses tools and principal components developed during a recent 700 patient multicentre clinical trial [24].

## 2. Method

This study explored the MCG findings in participants who had had a confirmed myocardial infarction (MI) in the prior 12 weeks and compared these findings to scans acquired separately from a population of young volunteers with no history of heart disease. Patients ( $n = 50$ ) were consecutively recruited from the South Warwickshire NHS Foundation Trust wards and cardiac rehabilitation programme. All patients had been diagnosed as having had an MI based on clinical assessment and biochemical markers in accordance with European Society of Cardiology Guidance [25]. To be included in the study the patient must have been within 12 weeks of the initial event and willing to give consent. Patients with atrial fibrillation, thoracic metal implants, pacemakers or implantable cardioverter defibrillators were excluded. Patients also needed to be able to lay flat for the examination. Pregnant or peripartum patients were also excluded. Patient's medical records were reviewed to help better define the population characteristics. The young healthy control (YHC) population was used because of the low prevalence of heart disease in a population below the age of 35. No cardiac tests were performed on the YHC population. All participants provided written informed consent, and research was performed in accordance with the Declaration of Helsinki and BS EN ISO 14155:2011, Clinical Investigation of Medical Devices for Human Subjects—Good Clinical Practice. The study was approved by the South West Research Ethics Committee (17/SW/0293).

The MCG was performed by a trained and experienced operator in accordance with the manufacturer's instructions for use (Vitalscan device, Creavo Medical Technologies). Each scan took approximately 5 minutes to acquire. Other than for removing bulky clothing or clothing containing metal, patients remained fully clothed with ECG electrodes placed on the patient's wrists and left ankle during the scan.

The sensor head uses 37 sensors in a hexagonal array (figure 1). Nineteen (19) inner coils are used to sample the magnetic field of the patient and the outer ring of 18 coils are used for noise reduction. Figure 2 shows the traces obtained from each location. At a single point in time (a position along the  $x$ -axis of figure 2) the field intensity can be represented as a two dimensional magnetic field map (the red and blue regions in figure 1). The field map allows us to add another dimension to the data by looking at the spatial correlations between the signals.

The detectors measure the rate of change of the magnetic field, therefore, lower frequency signals tend to be suppressed and the signal is a 'performance measure' of the depolarisation taking into account both the duration and amplitude of the depolarisation signal.

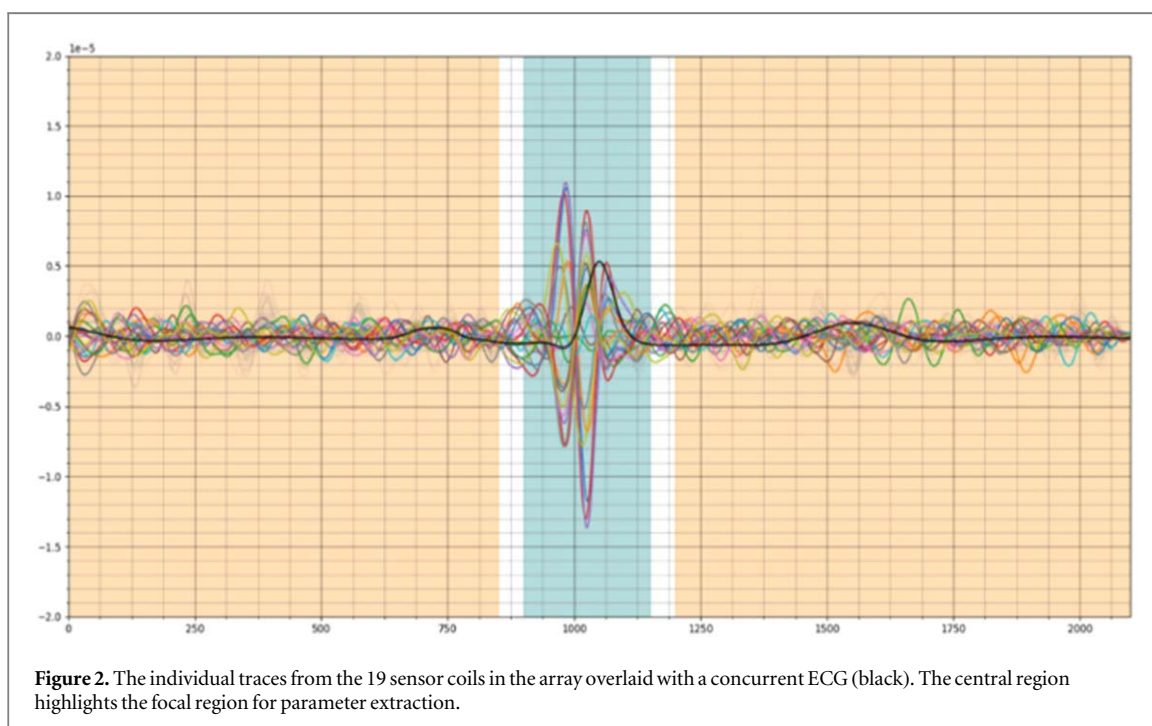
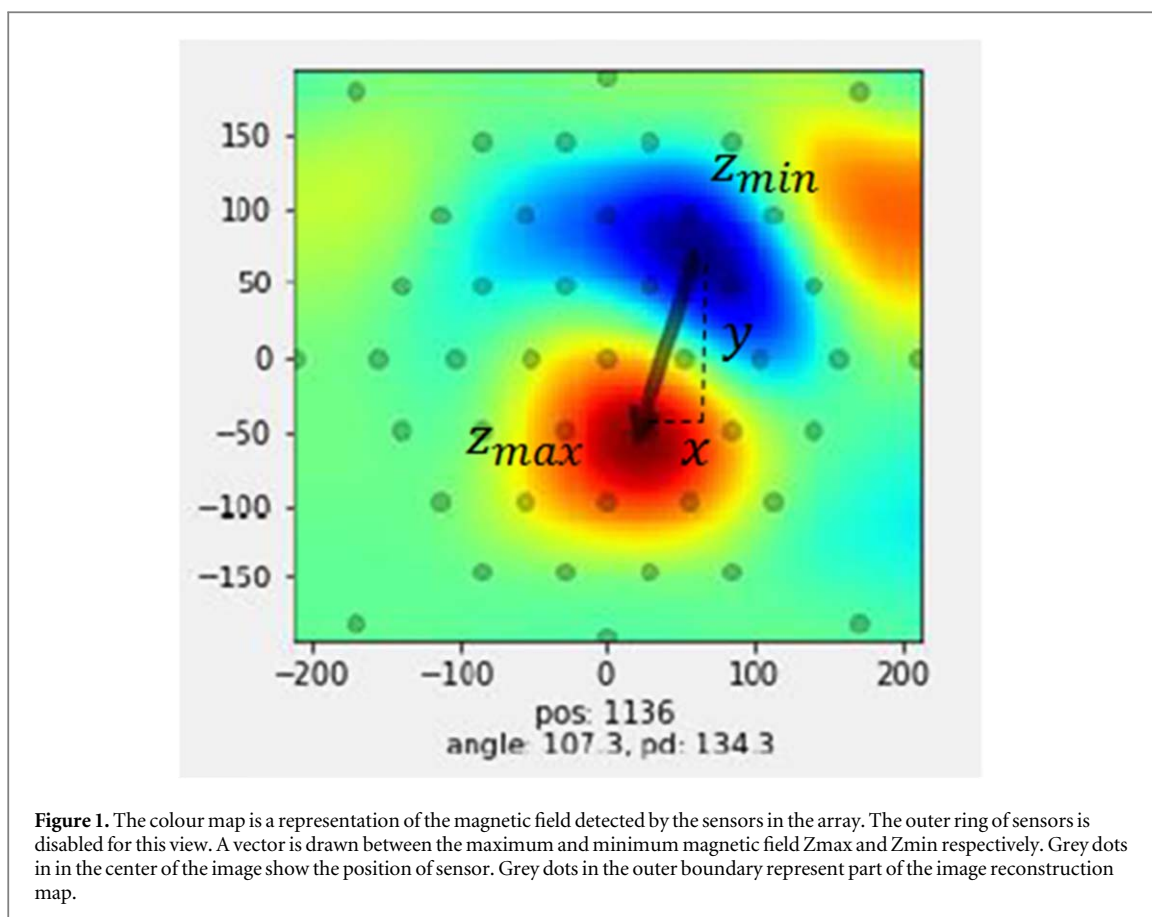
## 3. Results and discussion

Fifty (50) patients (39 male, 11 female) with a mean age of 63.51 years were consented and enrolled into the study from the cardiology wards and rehabilitation classes, following admission to the cardiology wards at the South Warwickshire NHS Foundation Trust (Warwick hospital). All patients had a confirmed MI (13 STEMI, 37 NSTEMI) within the 12 weeks prior to consent (range 1 day to 10.57 weeks). The majority of patients were white caucasian with an anterior MI being the most prevalent region of MI. Eighteen (18) patients (36%) received medical management only whilst all other patients underwent percutaneous coronary intervention (PCI) with 1 patient undergoing 2 procedures. MCG scans were taken on 45 patients (2.29 to 12.14 weeks post MI) as 5 patients were unable to be scanned (3 died between time of consent and date of the scan (1 before discharge) and 2 patients withdrew from the study before the scan was taken due to increasing illness. These data were compared to that of a young healthy group of volunteers (30 male, 16 female) with a mean age of 22.48 and no history of heart disease. Further details on participant demographics and diagnosis and treatment of the post MI group can be seen in tables 1 and 2 respectively.

Several variables that are potentially of interest were identified and extracted from the MCG scan data and image data. The parameters that were extracted are presented in table 3 and details the 38 parameters extracted from the MCG data. Tables 4 and 5 present the outcomes of measurements of the MCG parameters for all 38 parameters and the p-value comparing post MI and YHC volunteer data. From here, we find that ten parameters show a significant difference ( $p < 0.05$ ) between the post MI and YHC populations (parameters highlighted in bold).

Model building on ten parameters would require around 150 participants, however given the descriptions of these parameters (table 3) it is highly likely that these parameters are correlated with each other. For this reason, Principal Component Analysis (PCA) was selected as a stratagem that could produce a set of uncorrelated predictors. PCA is a method of reducing the dimensionality of a dataset while minimising information loss. It does so by creating a new set of uncorrelated variables called principal components (PCs).

Before generating the principal components, MCG predictors are passed through a regularisation procedure to produce a set of values with consistent gaussian distributions. The parameters were derived



using the methods outlined in [24]. Principal component analysis is often used in machine learning, however, in the current work this was a device to determine which of the MCG parameters were uncorrelated indicators.

For example in tables 4 and 5 there are 10 variables that all show a statistically significant difference between the post MI patients and YHC populations. In examining PCA analysis we find that a single variable, PC1 (the first principal component), contains all 10 of

**Table 1.** Subject Demographics.

Description	Category	Post MI Study Group (n = 50)	Post MI Analysis Group (n = 45)	YHC Analysis Group (n = 46)
Gender	Male	39 (78%)	38 (84.44%)	30 (32.62%)
	Female	11 (22%)	7 (15.56%)	16 (34.78%)
Age	Age range (yrs)	37.41–89.03	37.41–85.90	18–29
	Mean age (yrs)	63.51	61.30	22.48
Ethnicity	White Caucasian	47 (94%)	42 (93.33%)	—
	Asian/Asian British	3 (6%)	3 (6.67%)	—

**Table 2.** Post MI Group Diagnosis and Treatment.

Location of MI	Number	Vessel (those patients undergoing PCI)	
			Number
Anterior	17	Circumflex	3
Inferior	14	Left Anterior Descending	17*
		Right Coronary Artery	12*
Lateral	2	Other	1
Posterior	1		
Undiagnosed	16	*1 patient underwent 2 PCI procedures	

these variables. The components RS\_max, QR\_max, QR\_min, RS\_min, QR\_PKMn, RS\_PKMn, QR\_PK, QR\_PKMx, RS\_PK, and RS\_PKMx along with two additional components, RS\_PKD and QR\_PKD, represent the 12 most significant elements of PC1 [26]. Therefore we used PC1 as an Ersatz variable for this collection of variables.

Two risks that can adversely influence this choice are (1) that the coefficients are proportional to the mean of the variable set and (2) that the correlation present in the data are purely coincidental. To circumvent these risks the Ps were created using the data set presented in [24], and therefore the association between the prominence of these elements with high levels of correlation in the current experiment indicate that this is real.

A predictive model was therefore created based solely on PC1. No ‘machine learning’ or curve fitting is required for this as it is a single parameter. However, we converted the parameter to a probability score using the formula  $1/(1 + \text{Exp}(M))$ , and therefore we scaled the principal component to give a range of probabilities from zero to one using the following scaling,

$$M = -0.85 + 0.4PC1 \quad (1)$$

The results for the scaling in equation (1) are presented in figure 3, which illustrates the model outcomes and an ROC curve for predictions based on the single parameter model. The AUC is 95% and for a cut point of 0.57 gives a sensitivity and specificity of 100% (95% CI: 92.89% to 100.00%) and 76% (95% CI: 58.87% to 85.73%) respectively. This is a remarkable result as it could be read as a predictive indication. However, given that the two populations were already

highly polarised it is not immediately clear what the reason for this difference is.

There are many reasons why cardiac function would decline with age, however, the most obvious difference that we see in the data would be a reduction in left ventricular ejection fraction (LVEF) in the post MI group relative to the young control group. As a summary measure of cardiac function, LVEF also has the benefit of being a useful indicator for comparison.

Moreover, there must be a reason in the electrophysiology of the heart. That is, there must be signals that are detectable with an MCG that can explain the difference observed in figure 3. Indeed the feature that we would expect to be different between the YHC and Post MI group is the LVEF and while we do not have LVEF data from the young control group, we do have data from the post MI group.

The link between LVEF and the most important components of PC1 would most likely come through heart muscle volume. The MCG QRS signal would most likely be larger when there is more muscle involved in generating the signal. This would also fit with observations made in refs. [15, 21, 23, 27–30] in which it was observed that changing the blood flow to the heart results in changes to the QR and RS slopes. These slopes correspond to the QR and RS MCG parameters present in PC1.

A limitation of LVEF is that it contains a significant element of operator judgment with a 95% confidence interval of at least  $\pm 10\%$  [31] depending on the method used. Nevertheless, this parameter is frequently used to determine downstream risk to the patient [31, 32]. A second limitation is the way the data for LVEF was recorded within the database obtained from source data. The tendency is to simply note that the LVEF was greater than 55% as this indicates low cardiac risk.

Returning to data analysis, based on refs [21–23, 30, 33–36] we anticipate that PC1 contains some elements that are related to LVEF [21–23, 30, 33–36]. In that case we would assume that a model can be constructed that would be able to discriminate LVEF in the post MI group. As a check, we anticipate that the YHC group would have higher, average LVEF than the post MI group and the MCG should agree with that prediction.

PC2 and PC33 were selected to work adjunctively with PC1 for the LVEF model. The variance of PC2 is

**Table 3.** Magnetocardiography parameters and definitions.

Full name (unit)	Definition	Related parameters
Field map angle (degree)	Angle between negative and positive pole.	QR_MA, RS_MA
Pole Distance (mm)	Distance between negative and positive pole.	QR_PD, RS_PD,
Maximum to minimum ratio (no unit)	Amplitude ratio between the negative and the positive pole.	QR_MMR, RS_MMR,
Peak to peak amplitude difference	Amplitude difference between the positive and negative pole.	QR_PK, RS_PK,
Map angle vector statistics (degrees)	Maximum of field map angles within an interval. Minimum of field map angles within an interval.	QR_MAMx, RS_MAMx, QR_MAMn, RS_MAMn
Pole distance vector statistics (mm)	Maximum of pole distances within an interval. Minimum of pole distances within an interval.	QR_PDMx, RS_PDMx, QR_PDMn, RS_PDMn
Ratio vector statistics (no unit)	Maximum of MMR within an interval. Minimum of MMR within an interval.	QR_RMx, RS_RMx, QR_RMn, RS_RMn
Peak vector statistics (mV)	Maximum of peak to peak differences within an interval. Minimum of peak to peak differences within an interval.	QR_PKMx, RS_PKMx, QR_PKMn, RS_PKMn,
Map angle dynamics (degree)	Maximum change of the map angle within 10 taps/samples.	QR_MAD, RS_MAD,
Distance dynamics (mm)	Maximum pole distance change within 10 taps/samples.	QR_PDD, RS_PDD,
Ratio dynamics (no unit)	Maximum ratio change within 10 taps/samples.	QR_RD, RS_RD
Peak dynamics (mV)	Maximum pole distance change within 10 taps/samples.	QR_PKD, RS_PKD
Field map angle (degree)	Angle between negative and positive pole.	QR_MA, RS_MA
Pole Distance (mm)	Distance between negative and positive pole.	QR_PD, RS_PD,
Maximum to minimum ratio (no unit)	Amplitude ratio between the negative and the positive pole.	QR_MMR, RS_MMR,

**Table 4.** Summary statistics of the data collected for parameters relating to the R-S transition in the magnetic field analysis. Five parameters show a potentially significant change between the two populations.

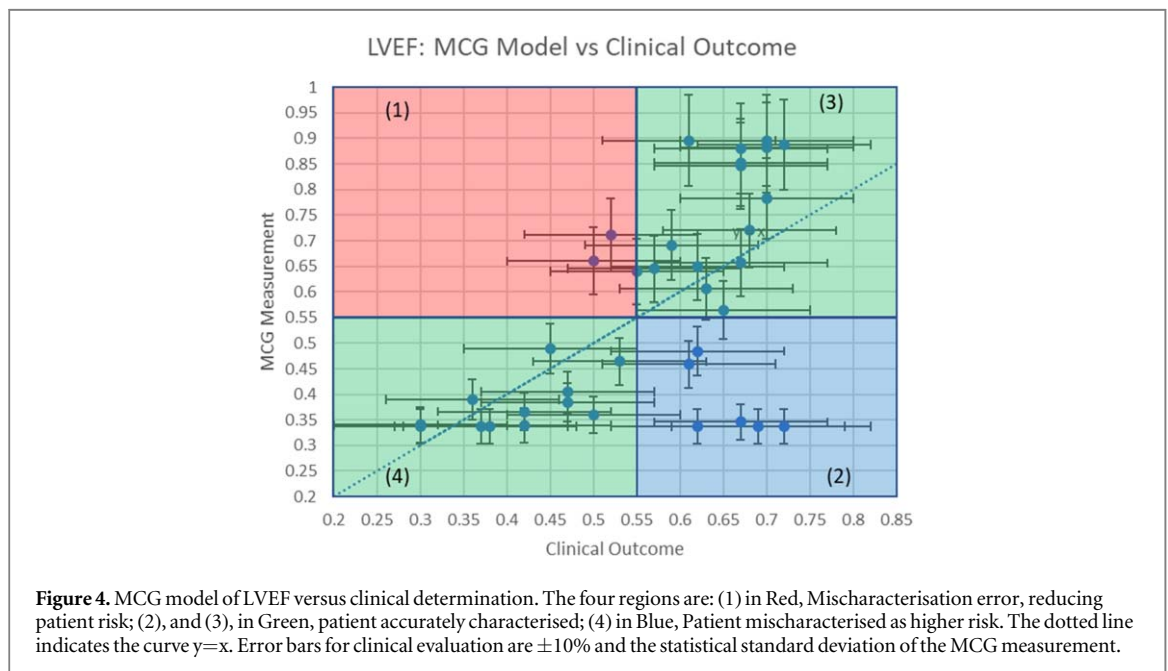
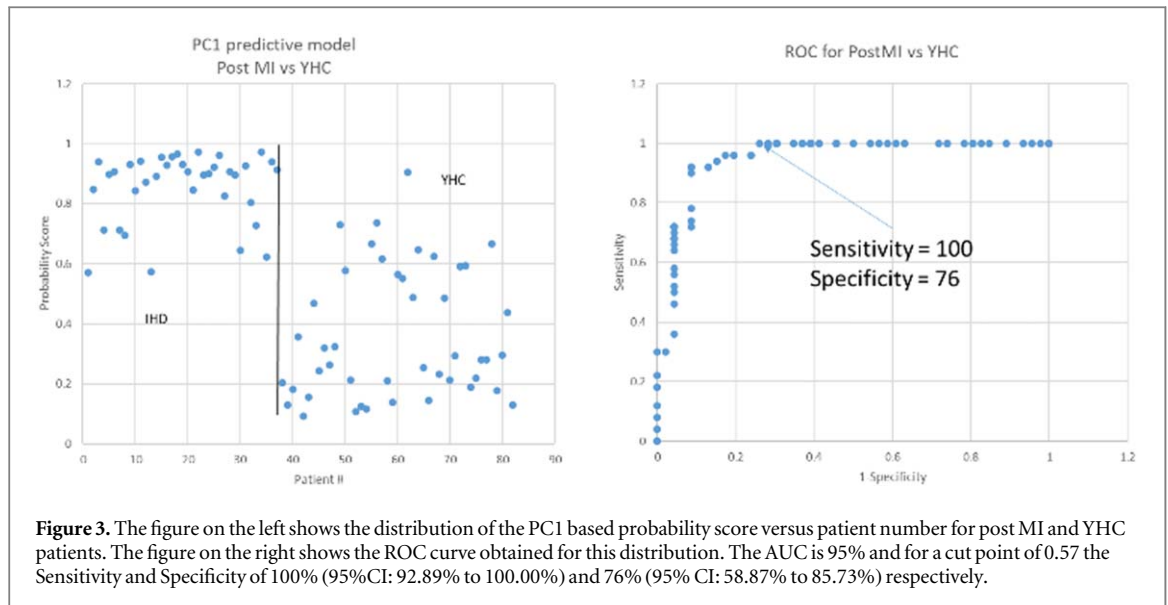
Parameter	IHD		YHC		p-value
	Mean	Std	Mean	Std	
RS_MA	-70.03842558	29.18257296	-53.47490455	55.04531386	0.092068516
RS_MAD	-0.551188372	23.18628822	0.279679545	31.48700167	0.153553836
RS_MAMn	-80.00053953	32.03990404	-76.54018182	35.26454701	0.142889328
RS_MAMx	-59.09279302	32.72426825	-55.61751818	38.4832127	0.14314583
RS_MMR	0.987402326	0.152019452	1.039075	0.137758501	0.113871036
RS_PD	153.1917599	17.69347207	142.2381761	16.00104964	0.277974662
RS_PDD	4.300697674	14.73558879	0.135559091	17.53168007	0.21016395
RS_PDMn	144.641	17.31972984	134.7643227	13.54166315	0.268688487
RS_PDMx	161.2755512	16.04050401	150.525075	18.235955	0.287085679
RS_PK	2.34E-05	8.64E-06	8.74E-05	3.71E-05	0.004440428
RS_PKD	1.18E-06	5.35E-06	3.55E-06	2.17E-05	0.103272861
RS_PKMn	0.0000188	6.71E-06	6.79E-05	2.92E-05	0.004535637
RS_PKMx	2.36E-05	8.64E-06	8.82E-05	3.76E-05	0.004357224
RS_RD	0.017776744	0.129180846	0.033490909	0.140749598	0.140964414
RS_RMn	0.903497674	0.129610117	0.968206818	0.11974977	0.098008436
RS_RMx	1.057913953	0.176985076	1.134847727	0.169944952	0.104079384
RS_cursor	1033.255814	8.707369301	1032.545455	5.331955745	0.172666744
RS_max	1.16E-05	4.49E-06	4.39E-05	1.78E-05	0.004671563
RS_min	-1.18E-05	4.34E-06	-4.35E-05	1.97E-05	0.007812767

**Table 5.** Summary statistics of the data collected for parameters relating to the Q-R transition in the magnetic field analysis. Five parameters show a potentially significant change between the two populations.

	IHD		YHC		
Parameter	Mean	Std	Mean	Std	p-value
QR_MA	103.3185	31.25311323	94.61558636	56.87583204	0.20933011
QR_MAD	3.807439535	24.48343472	2.291468182	22.41310511	0.169314006
QR_MAMn	91.90053023	32.40187627	85.67134773	59.60664604	0.19262743
QR_MAMx	113.0924349	32.07064859	105.1845955	56.72411862	0.203049294
QR_MMR	1.031932558	0.166700196	1.035984091	0.158434868	0.155333785
QR_PD	156.6356167	17.22944932	142.5139718	20.04622768	0.308279689
QR_PDD	-1.305627907	20.7633803	-0.888456818	21.8206282	0.155989371
QR_PDMn	146.2664535	16.31084345	130.3366068	13.29975252	0.318136305
QR_PDMx	166.2436953	17.30524557	148.7027841	20.72064763	0.318250865
QR_PK	2.14E-05	8.72E-06	7.18E-05	3.10E-05	0.006777466
QR_PKD	-2.35E-07	5.10E-06	-1.50E-07	1.84E-05	0.156527531
QR_PKMn	1.73E-05	6.60E-06	5.60E-05	2.42E-05	0.006616362
QR_PKMx	2.16E-05	8.75E-06	0.000072975	3.19E-05	0.006617833
QR_RD	-0.024167442	0.172217426	0.027086364	0.194999365	0.118604424
QR_RMn	0.94782093	0.144403766	0.938372727	0.124365585	0.169908191
QR_RMx	1.141974419	0.203990409	1.166365909	0.212452928	0.141255041
QR_cursor	984.0232558	9.463487661	986.7045455	6.27976384	0.12025599
QR_max	1.07E-05	4.16E-06	3.66E-05	1.73E-05	0.005981636
QR_min	-1.07E-05	4.75E-06	-3.51E-05	1.43E-05	0.017405312

mostly accounted for by six parameters QR\_MMR, QR\_RMn, QR\_RMx, RS\_MMR, RS\_RMn, and RS\_RMx. These are ratio parameters that indicate distortion of one side of the cardiac signal. They are present with approximately equal weight, but opposite sign for the QR and RS transitions. This indicates that all three QR and RS indicators are actually only measuring a

single value. Similar parameters have been used in the past for the detection of ACS [4, 37, 38]. The variance of PC33 is mostly accounted for by four parameters QR\_PKMn, QR\_PKMx, RS\_PKMn and RS\_PKMx (the most significant predictors in tables 4 and 5, with the split 3:1 between the RS and QR components [RS components dominating]). This parameter is therefore



closely related to the parameters used in [33] which has previously demonstrated a link between depolarization and LVEF. The use of such a high valued PC would not be normal if we were performing machine learning for example. However, in the present experiment, we are seeking to optimise for parameters that are known to be sensitive to LVEF, hence the choice of an otherwise unusually high valued PC.

A linear regression curve fit to LVEF data taken from the post MI patient group produces the equation:

$$M = -1.7 - 0.85PC1 - 0.58PC2 + 27PC33. \quad (2)$$

Based on this curve fit, we can assess the performance of the model against the LVEF data that we hold for the patients. The outcome of this comparison is presented in figure 4. Horizontal error bars assume a 10% error in measurements of LVEF (see ref [30]) and vertical error bars represent the average standard

deviation of MCG results as a percentage error from the fit. For the purpose of this comparison the model output data is remapped onto the line  $y = x$  using the transformation  $Y = -0.6 + 1.8X$  in order to assess the clinical prediction capability of the model.

Limitations of the curve fit: The model is based on three parameters which for 36 patients gives 12 patients per predictor. This means that we cannot perform a conventional train-test split and the only testing group is the YHC cohort. Also, as noted above, there are substantial errors associated with the collection of LVEF data, due to operator variability, the timing of data collection and the variable methods of determining the LVEF. The clinical data becomes less accurate above 55% because of changes in reporting. Both of these limitations mean that ‘ground truth’ is not well defined.

**Table 6.** Clinical prediction against an LVEF of 55% for the MCG model.

Sensitivity	85.71%	57.19% to 98.22%
Specificity	72.73%	49.78% to 89.27%
Positive Likelihood Ratio	3.14	1.54 to 6.43
Negative Likelihood Ratio	0.2	0.05 to 0.73
Positive Predictive Value	66.67%	49.45% to 80.35%
Negative Predictive Value	88.89%	68.37% to 96.73%
Accuracy	77.78%	60.85% to 89.88%

Nevertheless, the results are in line with previous investigations that used parameters based on dynamical changes during depolarisation as a measure of left ventricular function. Moreover, we can assign three basic clinical outcomes that would result from an MCG determination of the LVEF. These are indicated as the four quadrants (labelled, 1,2,3,4) in figure 4. In quadrants labelled 1,2 the clinical outcome would have been altered; patients in quadrant 1 are given a higher value of LVEF with MCG than the clinical assessment; patients in quadrant 2 are given a lower value of LVEF than clinically assessed. Patients in quadrants 3,4 are unchanged.

The MCG prediction departs significantly from the clinical outcome for measurements above 55%. This is a result of the reporting limitations that scores of simply '>55%' are indicated in patient medical notes. Where this occurs the patient score has been entered as 70% for the purpose of this graph. A second limitation of reporting is the tendency to report a range of possible values (e.g. 55%–60%) and where this occurs the patient has been assigned the mid point of the range for the graph.

Assessing the patients in a binary outcome against the score of 55% gives the outcomes presented in table 6. A note of caution here is that the outcome is not binary and ground truth is not well defined, hence this is only a measure of the ability of MCG to reproduce the reported outcomes. The error of the prediction is therefore limited by the LVEF reporting. There are many reasons that there would be a difference between the two groups. The most likely difference however, is ejection fraction and it is worth noting that the YHC group have a higher average 'prediction' than the post MI group.

Despite the limitations, these results are nevertheless sufficiently interesting that they warrant further investigation and would suggest that a formal clinical investigation is warranted.

#### 4. Summary

In summary, we have developed a set of predictors that have captured a large range of diversity of cardiac signals. We have applied these parameters to assess the ability of MCG to recover an important factor in monitoring cardiac health. This is interesting because

LVEF is a measure of the performance of the heart in pumping blood and prior to this observation one may have said that the two are unrelated. However, the volume and activity of heart muscle will contribute more to the MCG signal than other more subtle changes would. Hence the connection is probably more fundamental than it would otherwise appear, with younger healthier hearts with more active muscle contributing to the magnetic signal more than post-infarction hearts.

That being said, we must also note that the LVEF input data is noisy and the current outcome therefore has only a limited application at this stage. However, as mentioned above, the measurement of LVEF is an important, and relatively expensive [39], parameter to acquire. It is a key element in assessing cardiac function, revealing information that is almost inaccessible to any other measurement. For this reason looking for a method that could rapidly assess a patient would be worth while. A future study with a larger patient group and more accurate data (for example using SPECT) would be recommended.

#### Data availability statement

The data generated and/or analysed during the current study are not publicly available for legal/ethical reasons but are available from the corresponding author on reasonable request.

#### ORCID iDs

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